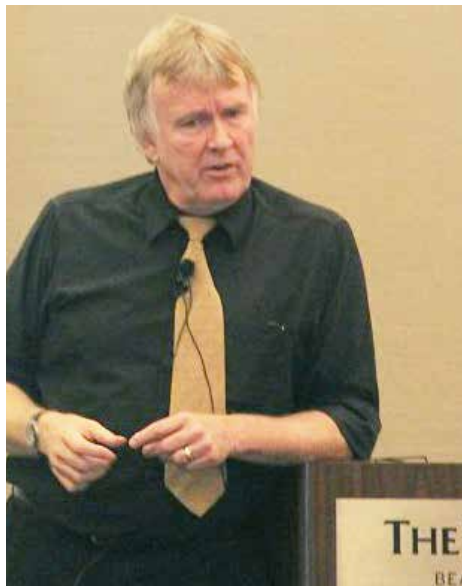


enneagram monthly

September 2011

Issue 180

IEA Conference 2011 in Ft. Lauderdale



Tom Condon
Delivering the Keynote Address

The 2011
IEA International

Enneagram Conference was held July 29-31 in Ft Lauderdale, FL. Over 300 attendees from across the globe gathered to hear some of the finest teachers and practitioners in the field share their expertise and insights. The conference was preceded by an exciting pre-conference event where three panels of experts addressed the latest applications of the Enneagram in business, psychology, and spirituality.

The conference got off to a rousing start with Tom Condon's keynote address, which described five elements of lasting change, presenting a general model of change that is specifically

Mario Sikora

adapted
to working
with

Enneagram dilemmas and defenses. As always, Condon's address was wise and compassionate, filled with good humor and based on many years of practical experience.

More than 50 individual sessions followed over the next three days, featuring well-known presenters such as David Daniels, Russ Hudson, Liz Wagele, and Jerry Wagner, as well as many new presenters. Professional translators were on hand to translate



IEA President Mario Sikora laughing it up with IEA former President Uranio Paez.

...CONTINUED ON PAGE 17

Type Shredding *And Why People have Issues with You*

Who among us has not stood in bewilderment: "What happened? I was just innocently saying that blah blah blah.....and then, all of a sudden, for no reason at all, so-and-so barked at me, slammed the door and left in a huff. Wow, what is the matter with her? What is her problem?" In all too many cases the real question should be: "What is YOUR problem?"

One of the greatest gifts of the Enneagram is that it pinpoints a specific tendency that can, when worn heavily, alienate others from us. From subtle avoidance to total rejection.... from mere eye-rolling to running away in fear or disgust, the Enneagram reveals why. We always think it is the other person who has the problem, not us for god's sake. Why? Because the ego is in a defensive mode from Level 4 on down, justifying itself while minimizing or denying any role in actually causing conflict. Because the ego is so preoccupied with promoting its

Peter Zappel



idealized-self-image and defending it against any opposition or questioning, we often fail to see ourselves as others do. Unable to hold our desperation in check, believing we are at risk, we act out, making our situation even worse. This all-too-human tendency is at the root of all conflicts, big and small.

In this article I describe the most offensive behaviors of the 9 Types, the ones guaranteed to drive others away. These sketches are written as if each Type were being confronted by "us", family, friends and associates in a direct-frontal attack, a long overdue intervention. In other words: "We've had it! Here is what you need to know, whether you like it or not! These are painful, yet valid accusations you must face!"

Each section is a detailed laundry list of complaints about each out-of-control Type and is a tacit condemnation. Each scathing uninterrupted tongue-lashing itemizes the stubborn, offensive, self-defeating at- ...CONTINUED ON PAGE 19

In This Issue

On Being a Four
Susan Rhodes
page 4

Wonderful Results
Ginger Lapid-Bogda
page 7

Spirituality & Business
Mario Sikora
page 8

Book Review Sex/Love
B. Dyke/S. Rhodes
page 10

Sex/Love & Type 5
M. Coates/J. Searle
page 12

Nine days from today, we (Sueann and I) will be playing sardines in a can for 24 hours wedged in airplanes on our way to Delhi via Taipei. We remain in India until the beginning of November. The place we'll be staying in is in the Himalayan foothills on the shore of a little lake and with fairly decent internet access. The weather is fabulous this time of year. The monsoon rains are over and winter cold has not yet begun. It's like being in California (with bugs). Sueann will be all day in class learning jyotish (Vedic astrology) concepts while I can lollygag in the room tinkering with the next issue of *EM* and trying to figure out a way to "borrow" the element of time (as in seasons for this or that) from jyotish and apply it to the enneagram. This has been a work in progress for several years and being at this training in India offers access to two dozen of some of the world's best Vedic Astrologers and esteemed teacher Sanjay Rath. We have identified a number of correlations but have not yet devised a way of introducing time to the enneagram dynamic. My opinion is that we have all nine energies interacting at all times, one of them (our own type) is mostly dominant, but the others occasionally get their turn. At such times many of us experience doubts about their type and sometimes switch around between types. This may not indicate an unsophisticated

From the Editor

observer, but it might even indicate an extremely sophisticated observer able to tune in into multiple layers of motivations that filter our perceptions and actions. We are after all infinitely complex creatures — at the risk of opening a whole new discussion—I'm bringing it up only to highlight how even the simplest things turn immensely complex upon closer examination.

For example, the test Darwin set for his theory was: "If it could be demonstrated that any complex organ existed which could not possibly have been formed by numerous, successive, slight modifications, my theory would absolutely break down." Well, with recent advances in microscopes, thousands of such complex mechanisms have been found since Darwin's days and if Darwin were able to peer through a modern microscope that shows the inner workings of a cell, he would instantly abandon his own theory. It is a mathematical impossibility, for example, that all 30 - 40 parts of the cell's flagellum—never mind the 200 parts of the cilium—could all arise at once by random mutation. Biochemist Michael Behe, author of "Darwin's Black Box," uses a mechanism as simple as a three-part mousetrap required to be working together at once. Otherwise, it's not that you get a less efficient mousetrap that catches half as many mice—you don't get a mousetrap at all.

Now imagine a human body with billions of cells, forming thousands upon thousands of interconnected functions that are constantly influenced by innumerable impressions, traumas and what have you... in a word, we are complex beyond imagination and our chances of understanding any of it are rather slim. Maybe that's why the human mind (and probably that of animals as well) is always oriented at pattern recognition. That seems to offer a reasonable expectation to foretell in very broad brush strokes what and how we may respond to life's situations.

In this issue:

The "IEA Conference in Ft. Lauderdale" came off smoothly and had a large international contingent of enneagrammers. We did not have reporters this year on location (they were both under pressure to meet the deadlines for the books they were writing). **Mario Sikora** the current IEA President sent us some photos and a brief report instead. We invite the presenters to send us articles about their work so that we can do it justice in a future issue instead of being limited to a thumbnail synopsis. This approach is of course how we work around here anyways, inviting articles from all interested parties; so far, it has provided the *EM* with 180 issues worth of material covering, discussing, and often introducing cutting edge ideas as they arise in the enneagram world.

Speaking of cutting edge, **Peter Zappel** had just about enough of tippy-toeing around obnoxious characters who get away with way too much. He's had it with types who have been exploiting everybody's politeness and the restraints that act like a straitjacket imposed by political correctness. Enough "sparing the rod and spoiling the child" it's time to let some cutting and edgy remarks out of the bag and without mincing words! Peter opens a Pandora's Box by with "Type Shredding: and Why People Have Issues With You." We surely recognize and can relate to types in our circle of acquaintances that could perhaps benefit from this sort of "carrot-and-stick" approach. Although Pandora was not thanked for opening the forbidden jar (thereby releasing all sorts of evil into the world), there was one thing that stayed in the bottom of the jar: Hope. No matter what kind of type-related difficulties we encounter, no difficulty is insurmountable. But first we have to know what we're in for!

The nature of the world is what it is, and what's a problem to some seems like potential to others. **Susan Rhodes** has been endorsing principles of "basic goodness" by advocating a value-neutral approach to enneagram types for some times, an approach whereby types are seen more or less as nine perspectives, energies, or archetypes. In this issue, Susan relates her own personal experience with the enneagram in "On Being a Four." It seems that the descriptions of her own type (which are often particularly dark and dreary!) were one of the first things that alerted her to the pessimistic bias of the enneagram. In this piece, her aim is to talk frankly about the challenges of the type but in a way that shows their transformative potential.

Ginger Lapid-Bogda is "Using the Enneagram in Organizations with Wonderful Results." And why not? The enneagram is an excellent system. And so is the free enterprise system, which has brought us a great many modern innovations, discoveries, and pleasures—quite a change from eeking out a meager subsistence through hard labor, which was the lot of our forefathers and mothers in not-so-ancient times. But productivity is at a peak when people within an organization feel appreciated, are assigned duties they would have chosen, are in positions where they get to use much of their potential and creativity. And of course the enneagram is a great tool for helping

THE CREATIVE FIELD CONFERENCE


IGNITING

THE NEXT PHASE IN CONSCIOUSNESS

SEPTEMBER 15-18, 2011
SUNRISE RANCH • LOVELAND, COLORADO

What is a "Creative Field?"

- An already-existing field of collective awareness and energy
- A context for engaging with others in our individual awakening
- A global network of people committed to the evolution of consciousness
- A critical mass of intention that transforms the world



Matthew Fox
The most creative, the most comprehensive, surely the most challenging religious-spiritual teacher in America

Katie Hendricks
Pioneer in conscious living, an Oprah guest, and author of *Conscious Loving and Spirit-Centered Relationships*

Lynne McTaggart
Author of *The Field* and *The Bond*, via live video streaming


Workshops also by:
Maryse Barak, leading South African coach in the "Time to Think" process
David Karchere, developer of The Creative Field Project and Spiritual Director of Sunrise Ranch
Andrea Isaacs, co-developer of The Creative Field Project

Tuck & Patti
Sat. night concert
Sept. 17, 7:00 p.m.

Full Conference: \$250 (plus lodging)
Keynotes and concert only also available

www.TheCreativeField.org/conference
Sunrise Ranch: (970) 670-0877
or (877) 786-0078

A CALL FOR PRACTICAL VISIONARIES



Enneagram Monthly

748 Wayside Rd.
Portola Valley, CA 94028

Phone: 650-851-4806 Fax: 650-851-3113
Email: em@guna.us

Editor and Publisher Jack Labanauskas

Staff Writer Susan Rhodes

Assistant Editor Sue Ann McKean

Consulting Editor Andrea Isaacs

The Enneagram Monthly, Inc. was founded by Jack Labanauskas and Andrea Isaacs as a not-for-profit corporation. Its purpose is to gather and disseminate information in the field of the Enneagram, that is most commonly known as a personality typing system.

For subscription and advertising rates see back cover.

IEA Conference 2011 in Ft. Lauderdale	Mario Sikora	1
Type Shredding: <i>Why People have Issues with You</i>	Peter Zappel	1
From the Editor	Jack Labanauskas	2
On Being a Four	Susan Rhodes	4
Using the Enneagram in Organizations with Wonderful Results	Ginger Lapid-Bogda	7
Spirituality and the Enneagram in Business	Mario Sikora	8
Sex, Love and Your Personality: <i>The Nine Faces of Intimacy</i> by Mona Coates and Judith Searle Book Review	Bill Dyke and Susan Rhodes	10
Sex, Love and Your Personality: <i>Type Five, the Investigator in Love</i>	Mona Coates and Judith Searle	12
The 5-Toed Eight.	Donna Crowder	16
Teacher's Listing		23
Subscription Forms and Ad Rates		24

Visit our web site! www.ennea.org with the updated Index by Author 1995 - 2007 and Index by Subject 1995 - 2007

people work together in any setting. Here Ginger gives some positive surprises from a recent survey on how the enneagram has brought about positive results within organizations.

But could we get even better results by making also organizations spirituality-friendly? According to **Mario Sikora**, the answer is no. He agrees with Jesus' famous statement *Render unto Caesar that which is Caesar's*. In "Spirituality and the Enneagram in Business," he explains why spirituality and business appears to be a radioactive combo in today's world. The focus of spirituality is on ethics of our actions, thoughts, attitudes in light of a postmortem reward with heaven, punishment with hell, or something in between. Business is concerned with immediately verifiable and quantifiable results that are directly linked with our actions (irrespective of our secret motivations, feelings and thoughts). Obviously we have two diametrically-opposed world views, each with its own value system. Business is based on standards—a horizontal and interactive process for the exchange of goods and services between individuals, groups, nations and even generations—while spirituality is more of a vertically-oriented system based on deeply personal values. Mario discusses the reasons why he thinks the two approaches function better separately than in concert.

When speaking of sex, love and personality, I played it safe and asked a man and a woman to each give their impression of "Sex, Love and Your Personality: *The Nine Faces of Intimacy*." **Bill Dyke** and **Susan Rhodes** agreed to share their views. (I was just thinking that in spite of Bill Dyke's statement about feeling trepidation about critiquing material on sex written by a therapist, his photo oddly resembled the

man from the Dos Equis XX beer commercial on TV: the *Most Interesting Man in the World* who seems to know and do it all without batting an eye and ends each ad with: *Stay Thirsty my Friends!*)

And now to the next installment of "Sex, Love and Your Personality: *Type Five, the Investigator in Love*," by **Mona Coates and Judith Searle**. We have four stories, two about Self-Pres. Fives and two about Sexual Fives. Not surprising, it seems that substantive changes in the attitudes and well-being of our four protagonists of the fiveish persuasion were triggered by facilitating them to reframe the nature of their problem. Once the issues was reframed, so was our Fives' perception. And this enabled them to change their response in a positive way. With most other types it works the other way around—first they change their actions and then reframe their thinking. But with Fives, it seems that thinking always precedes action, not the other way around.

"The 5-Toed Eight" is a little story **Donna Crowder** tells about her father. The photo she includes is priceless: there is the Eight with a slight sneer that says *don't mess with me* and an evaluating gleam in his eyes that says *don't try any b.s. on me, it won't fly*. He's holding two pups in his arms, obviously proteges of his inner circle and they too have that same look of confidence in their eyes. Like a volcano that sits still for centuries and suddenly erupts, Eights (more than any other type) have earned that reputation (especially those with a big Nine wing). •

the essential enneagram

THE ONLY COMBINED SCIENTIFICALLY DETERMINED ENNEAGRAM PERSONALITY TEST AND IN-DEPTH GUIDE

DAVID DANIELS, M.D., & VIRGINIA PRICE, PH.D.
"JUST UPDATED AND REVISED 2010 WITH MUCH NEW MATERIAL"

❖ ❖ ❖

- The Enneagram Intensive (Part 1) of our *Enneagram Professional Training Program (EPTP)* comes to lovely Vallombrosa Center in Menlo Park close to the SF Airport in February 2012 and to the Montreat Center close to Asheville, NC in October–November, 2011
- Deepening Spiritual Awareness and the Typing process (Part 2) come to California in February 2012.
- Check our website for David's radio shows and videos.

Call Tracy at 866-366-8973 for detailed information and registration or go to

www.enneagramworldwide.com

Visit our website and explore the more than 200 pages of vital information, and for all the detailed information about our Intensive, training programs, and workshops.