

enneagram monthly

April 2010

Issue 169

Spellbind

Clare Cherikoff



Chapter One: Modern Magi

Hiding in the dark shadows in the corner of the room, Max looked on in horror. A young fair-haired boy lay in the hospital bed and screamed for help as he struggled to escape the spell that pinned him down. Assembled in a semi-circle around the boy, stood grown-ups in purple robes. They held long shiny magi-sticks aloft. A stooped elderly magus shuffled softly into the room. In his right hand he clutched an enormous syringe filled with thick yellow fluid. He crept closer to the screaming boy.

Max felt a sharp tug on her sleeve and jumped. Heads swiveled towards her. The stooped man's eyes blazed when he caught sight of Max. A blonde woman's blue eyes bored into her. Max felt the tug again and turned. An ugly toothless oriental ghost dressed in dark red monks robes stared menacingly at her. Max screamed. She made to run but couldn't move. She struggled against the weight holding her down.

Inhaling loudly Max sat up in bed. Her first thought was that it had been a dream. But then suddenly the ghost materialized inches from her face. He was real and he was floating cross-legged over her bed. His head leaned in so close to hers she could feel his cold breath chill her skin. Max stared in shock at the bald headed monk. He grinned a gummy smile at her. Unable to peel her eyes away from his impenetrable black ones she held her breath. Still hovering over her bed, the monk fumbled for something inside his robe sleeves. He thrust a rect- ...CONTINUED ON PAGE 18

In a world where magic, illusion and deception reign, Max needs to realize the truth before time runs out. Cherikoff initially wrote *Spellbind* for participants taking the *Lifting the Veils* course she teaches in both the USA and Europe. This course is a 10 day exploration into waking up to the power of now; NLP; trance and waking up from negative patterns; the enneagram; and how to be free from our personality filters. Much of this work has been woven into *Spellbind* but using the metaphor of spells instead of negative patterns and bird spirits for the enneagram.

This tale of murder and magic is a novel way to learn about NLP, the enneagram and the power of now (without knowing it) and at the same time discover empowering ways to overcome limiting patterns.

For those who've enjoyed Eckart Tolle's work, here is a fun and thrilling book to empower the reader with positive enhancing tools to live a happy spell free life.

'Beneath every personality lies a treasure.'

— Anonymous

'There are only nine character types. Which one do you have?'

— El-Ghazali 12th century

Celebrating the Life of Gail Samuels, 1933-2010

"I just know that learning this new system is going to keep my brain functioning at a high level for 20 years. I can feel new grooves in my brain going 'pop-pop-pop'. I am confident that every time I sit down at the keyboard I'm getting triple shots of vitamin B+ direct to the frontal lobe."

This was Gail Samuels writing about a new computer application shortly before she was diagnosed with pancreatic cancer, which took her life on January 18, 2010. Her words show how gracefully and joyfully she welcomed challenges up to the very end of her life.

Fortunately, I have kept hundreds of e-mail messages from Gail that reveal her thoughts about the Enneagram and about life. With permission from her family, I take this opportunity to share a few of them.

Gail was an Enneagram teacher in Coronado, California. In addition to her students in Coronado, people crossed the bridge from San Diego and elsewhere to learn from her classes, groups, and one-on-one coaching and counseling.

Muriel Vasconcellos, Ph.D.

She certified with both Helen Palmer and Hurley-Donson, studied Richard Rohr and Riso-Hudson in depth, and explored and digested the work of virtually all the other well-known and lesser-known teachers and authors. While constantly reaching out to learn more about the Enneagram, she had special admiration for those who launched the work in the United States in the 1980s and 1990s: "They sweated bullets for the Enneagram. ... They deserve to be sacred cows well tended. ... They have all worked and struggled and deserve our respect."

She anxiously awaited each issue of *Enneagram Monthly* and would mine the articles for nuggets of new wisdom ("I would NEVER throw one away!").

In the 1990s Gail was active in IEA and the SoCal Chapter, and when we had a chapter in San Diego she worked tirelessly scouting for venues, publicizing events, and reaching out to draw in members.

In short, the Enneagram was her life. Though she was a Seven, Gail was not a random spiritual shopper: once she discovered ...CONTINUED ON PAGE 4

In This Issue

editorial
page 2

Archetypes of the E.#2
Susan Rhodes
page 3

Nine Lenses on the World #2
Jerry Wagner
page 11

Pay it Forward
Carl Marsak
page 16

Last month, I was musing in the editorial about two questions: is type caused by nature or nurture (or both), and about the importance of finding a way to factor in the effect of time on our enneagram configuration (including wings, subtype etc.). I'd like to expand a little bit on that with a thought about destiny and freedom.

The question is not *if* we are driven by freedom or by destiny, we surely are affected by both, but it's useful to make a distinction about *how* they operate in or upon us. For example, let's take a goat. Obviously its destiny was to be born a goat, but its freedom is determined by the length of its tether and its ability to not get tangled up.

In the same vein, we are born as humans with

From the Editor

a unique set of characteristics, that's destiny. As we grow and mature, we use more and more freedom, but only to a point that our ability and environmental conditions (that's our tether) permit.

Some believe that we are born with our enneagram type already formed, others say it needs to mature a few years first before it's "fixed." Either way, most enneagrammers assume that once our type is established, we remain that type for the rest of our life.... Well, it *seems* so, but I can't see an overwhelming reason why it *must* be so. But for now, either by

destiny or by our own chosen actions, let's say it is so.

I can think of two schools of thought that agree that we are subjects to cause and consequence, but have different explanations about *how* or rather *when* we acquired our type. Believers in karma (including reincarnation) might assume that since we've been around for many different lifetimes, this time around, even at conception, it just happens to be our current type's turn. These folks have no problem believing in a purpose to existence, that the purpose is part of an intelligent design, that we are part of that intelligence and that it manifests as soul or spirit giving life to our body.

Those who are uncomfortable with the idea of Intelligent Design prefer to put faith in evolution (à la Darwinism or scientism — I'm purposely not calling it "science" since there is no conflict between science and metaphysics given that each deal with different realms) and scoff at notions of karma and reincarnation. Wisely, they don't address the purpose of life, the *why* of it, and focus on the *how* things operate aspect of existence. Generally, they are more inclined to believe that it must be something in this life alone that determined our enneagram type.

Regardless if we came to be our type for karmic reasons or by genetic inheritance from our ancestors, we have the same access and opportunity to partake of the freedoms within our tether...

In this Issue:

"Spellbind" in the new book by **Clare Cherikoff** that delivers exactly what the title promises. It's an entirely different and delicious approach to the enneagram, one with a lot of sparkle, magic and "umpf." It's for audiences of all ages and every bit as informative about human nature, type, NLP and wisdom as the more ponderous and scholarly tomes on the same subjects. It's disguised as a suspenseful story you can read to your kids or grand kids without fear of anyone nodding off too soon. In an age where Harry Potter captured the imagination of the young, Spellbind combines wholesome fun with a ton of learning that sneaks up on you. An nice gift to anyone who is young, young at heart or just wants to enjoy a guilt-free impish treat.

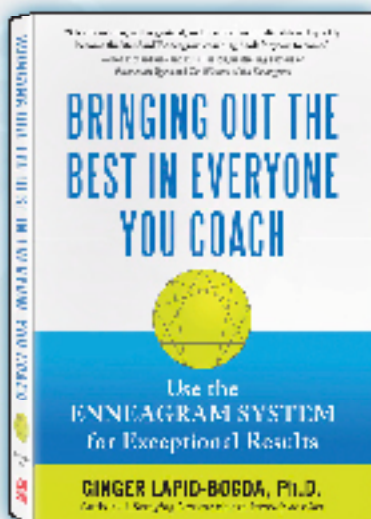
"Celebrating the Life of Gail Samuels" strikes a different note, but one with its own story of an upbeat life lived in a manner that served and inspired. **Muriel Vasconcellos** watched Gail Samuels work and the effect she had on her students and the positive mark she left. Bravo! to a life well lived. Gail will be remembered as a beacon of positivity and grace that she brought to the enneagram community and to those she touched.

Talking about leaving a positive mark in the world, I could not wipe a big grin off my face after reading "Pay it Forward: A new Philosophy and Practice for Enneagram Teachers" by **Carl Marsak**. This principle of offering free teaching has been honored by some of the most successful and enduring organizations. Just think of the success of the Salvation Army or Alcoholics Anonymous (AA)! How long would AA have



NEW Coaching Book!

Other Enneagram-Business Books by Ginger Lapid-Bogda, Ph.D.



"Clearly written, well organized, and practical, we predict *Bringing Out the Best in Everyone You Coach* will quickly become the 'standard' Enneagram coaching book for years to come." - Dan Richard Riso and Russ Hudson, bestselling authors of *The Wisdom of the Enneagram*

"This book warrants a front-row place on the bookshelf of every coaching professional." - Helen Palmer, teacher of intuition and bestselling author of *The Enneagram in Love and Work*

2010-2011 Certificate Programs for Trainers, Coaches, Consultants and Managers

Coaching Certificate Program based on *Bringing Out the Best in Everyone You Coach*
Helsinki, Finland: September 18-22, 2010 ♦ Hong Kong, China: September 29 - October 3, 2010
Seoul, South Korea: January 18-22, 2011 ♦ Calgary, Alberta, Canada: March 7-11, 2011

Train-the-Trainer based on *Bringing Out the Best in Yourself at Work*
Santa Fe, New Mexico: October 22-27, 2010

Train-the-Trainer based on *What Type of Leader Are You?*
Paris, France: May 31 - June 4, 2010 ♦ Santa Fe, New Mexico: October 29 - November 3, 2010

Check the website for more dates and locations.

Enneagram Training Tools

25 full-color training tools to jump-start your training programs and coaching conversations

Communication ♦ Feedback ♦ Conflict ♦ Teams ♦ Leadership ♦ Self-Mastery
♦ Decision Making ♦ Leading Change ♦ Strategic Thinking ♦ Transformation

Tools are available in multiple languages.

Ginger Lapid-Bogda, Ph.D., a consultant, coach, and trainer working with Fortune 500 companies and non-profits for over 35 years, is an award-winning speaker and writer. A member of NTL and ODN, Ginger is also past president of the International Enneagram Association.



Find out how professionals around the world use the Enneagram, learn more about the Enneagram and certificate programs, and register or order online at TheEnneagramInBusiness.com.

Join the Enneagram Learning Portal for in-depth eLearning opportunities.

Enneagram Monthly
748 Wayside Rd.
Portola Valley, CA 94028

Phone: 650-851-4806 Fax: 650-851-3113
Email: em@guna.us

Editor and Publisher Jack Labanauskas

Staff Writer Susan Rhodes

Assistant Editor Sue Ann McKean

Consulting Editor Andrea Isaacs

The Enneagram Monthly, Inc. was founded by Jack Labanauskas and Andrea Isaacs as a not-for-profit corporation. Its purpose is to gather and disseminate information in the field of the Enneagram, that is most commonly known as a personality typing system.

For subscription and advertising rates see back cover.

Spellbind	Clare Cherikoff	1
Celebrating the Life of Gail Samuels, 1933-2010	Muriel Vasconcellos	1
From the Editor.	Jack Labanauskas	2
Archetypes of the Enneagram -- Part 2: <i>Type & Transformation</i>	Susan Rhodes	3
Nine Lenses on the World: <i>The Enneagram Perspective</i> , Part 2	Jerry Wagner	11
Pay it Forward Workshops <i>A New Philosophy and Practice for Enneagram Teachers</i>	Carl Marsak	16
Teacher's Listing		23
Subscription Forms and Ad Rates		24

Visit our web site! www.ennea.org with the updated Index by Author 1995 - 2007 and Index by Subject 1995 - 2007

lasted if you had to buy a ticket at the door? I'm a bit more familiar with our local Vedanta society, founded by Swami Vivekananda over a century ago and still going strong. They too never charge for teaching and somehow nature and the universe provides...It is so refreshing to encounter genuine generosity instead of relying on the government's tax collectors to first extort every penny they can from the tax payer and then "generously" buy votes with the loot...

Oh, and Carl, as for the American Native custom of "Potlatch," not to be outdone, we immigrants came up with a variation of it called "potluck"...

I would add one suggestion to Carl's plea to well-off enneagram teachers who have made lucrative careers with teaching or authoring and can afford to spare a few days. Why not offer the occasional free training so that less rich enneagrammers get a chance to participate. It may work as well as it did for Carl, it surely won't hurt the teacher's karmas and it definitely won't hurt the larger cause of the enneagram. And, if anyone has a suggestion how I could offer free EMs to people who are interested, I'd like to hear it.

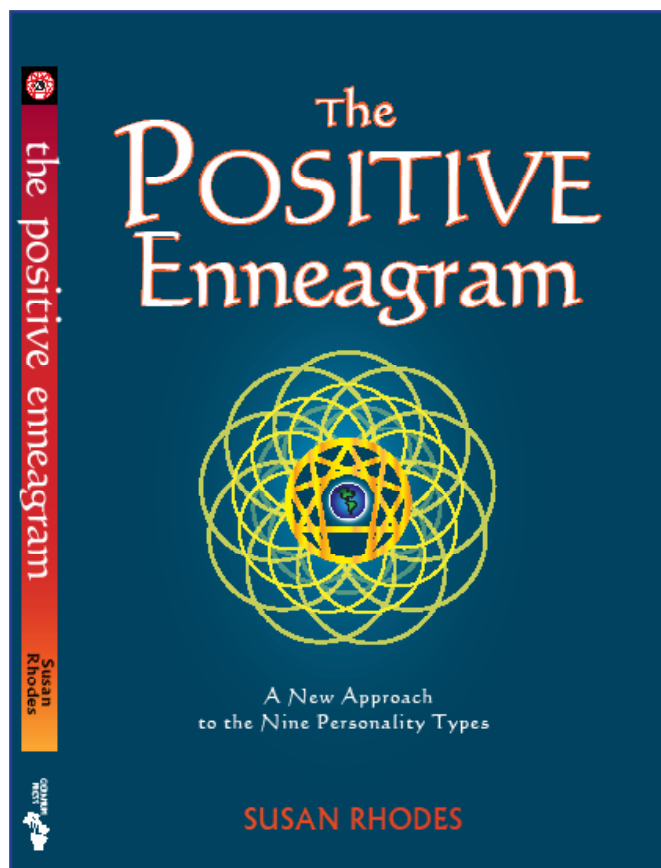
"Archetypes of the Enneagram: Type & Transformation – part 2" is an excerpt of **Susan Rhodes'** new book, *Archetypes of the Enneagram: Exploring the 27 subtypes from the perspective of soul*, available on Amazon this summer. The excerpted chapter focuses on the enneagram of personality as a subset of Gurdjieff's enneagram of transformation (aka the process enneagram). The first half of the chapter focuses on how Point 1 on the process enneagram corresponds to Type 1 on the personality enneagram, and so forth for all the types. The idea is to see the types as steps in a transformational journey; each step provides an opportunity to undergo a specific kind of transformation. The second half of the chapter adds in two new ideas: The first is that evolution isn't

just about evolving toward spirit, but about bringing spirit into the world (of ego consciousness), and also about journeying into the realm of soul. The second idea is that we can map these realms onto the enneagram (with spirit at the top, ego in the middle, and *soul* at the bottom). Susan makes a plausible case for how this helps us see the types as transformers of consciousness.

"Nine Lenses on the World: an Enneagram Perspective – Part 2" continues the excerpt of **Jerry Wagner's** new book due this Summer. Describing the modus operandi of type One from a variety of angles (no pun intended), Jerry describes the primary vulner-

ability, developmental history, bodily characteristics, manner of communication and which traits tend to come out under stressful or secure conditions; wings and subtypes are also examined.

Ones view life through a lens of goodness with its idealism, lofty principles, and demanding standards. They can have clarity of focus, be reliable, and industrious. But at times their perfectionism can get in the way with an exaggerated need to be right and to correct. Attention is focused on what is wrong, becoming overly responsible to the point of being pressured and moralistic. Too much of that can turn to anger may divert energy into resentment.



What people are saying about
The Positive Enneagram:

"The enneagram of personality has fascinated me as a way of understanding problematic aspects of one's personality. But I suspected there were a lot of positive uses for it in developing psychologically and spiritually that have been overlooked. Somebody wanted to point them out in a useful way. Susan Rhodes has done that in this book, and we are indebted to her for this service. Fascinating reading!"
— Charles T. Tart, Ph.D., author of *Transpersonal Psychology & The End of Materialism*

"Very inspiring, insightful, engaging, and instructive."
— Professor Ronald A. Howard, *Dialectics & Ethics Center Director, Stanford University*

"Susan Rhodes defines the core of a much-needed unified field theory of the Enneagram through integrating Carl Jung's Enneagram of Process with Ichazo's Enneagram of Personality."
— Judith Searle, author of *The Literary Enneagram*

"An inspiring description of the enneagram and its value for society. Logically presented and easy to follow, it's an exceptional resource for the business enneagram community."
— Bill Dyle, business trainer & consultant

"Clear, cogent, and concise. Susan Rhodes looks at the enneagram through a positive psychology lens and opens up new territory."
— Jemma Wagon, Ph.D., author of *The Enneagram Spectrum of Permeability Styles*

Click the link below
to read the first chapter or order the book at 10% off
www.enneagraminstitutions.net/positive_enneagram.htm

ALSO AVAILABLE AT
Amazon.com, BarnesandNoble.com or by order from Ingram
through your local bookstore

ISBN 978-0-8824792-0-9
Garrison Press
\$19.95